

Flourescein Angiography

Flourescein angiography is a diagnostic procedure monitor the blood supply to the “retina” that involves taking photographs of your eye with a camera.

It is important that you understand the procedure, so we will explain it and answer any questions.

We need:

1. You to sign a ‘Consent Form’.
2. To know if you might be pregnant.
3. You to remove your contact lens 3 days before.
4. To know about your general health and if you have any allergies.
5. To check your blood pressure.

What to bring with you

Please bring with you all your medication you are prescribed in the containers in which they were dispensed.

Your current distanced glasses, if you have them.

The procedure

We will put drops in your eyes to enlarge your pupils. These drops and the bright light from the camera will interfere with your distance and reading vision for a few hours. It is therefore advisable that someone accompanies you to the Eye Care Centre and drives you home.

A fine ‘cannula’ (needle) will be inserted into a vein in the back of your hand or your arm.

1. You will be asked to wait as the dilating drops take time to work.
2. There may be time for a drink or snack. This is advisable as it helps to reduce the nausea.

3. You will be seated comfortably at the camera. Following an initial photograph you will be given an injection of dye through the cannula and a series of photographs will be taken.

Potential Side Effects

1. Nausea and occasional vomiting are the most common reactions. If you take a few deep breaths, the nausea usually soon passes.
2. Will give your skin a ‘yellowish’ tinge for about 24 hours.
3. Your urine and faeces will be darker for the same period.

Although it is rare, some people can have an allergic reaction to the injection. The team is fully equipped and trained to deal with this and any other situation should it arise.

You can expect to be at the hospital for 3 hours.