

Advice Sheet following Cryosurgery

After the cryosurgery with liquid nitrogen the treated area will swell and weep considerably. This will be greatly reduced by the application of antibiotic and steroid cream on a gauze dressing held in place by adhesive tape. The doctor will prescribe the cream for you.

The wound should form a hard, dry, black adherent crust after ten to fourteen days. It may be from a week to a month before it separates to leave a pink scar that ultimately becomes a pale colour.

There should be relatively little pain after the procedure, but Paracetamol can be taken if required. If you become concerned about your wound or dressing, your practice nurse will be able to advise you. Very rarely, more severe pain or swelling may indicate the presence of delayed infection. If this occurs, your doctor may prescribe a course of antibiotic.

Materials suitable for wound care

- Tepid water or diluted antiseptic solution (eg Savlon) to clean the wound
- Fucibet cream (this will be supplied at the hospital at the time of your treatment)
- Melolin dressing (1 or pack of 5 – size 10cm x 10cm) – piece cut to size

If you have any problems or worries about the wound, please contact your practice nurse at your GP surgery for appropriate advice.

Eye Care Centre

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