

Paediatric Refraction

Information for patients

Patient Sticker

Name of your child's eye drops:

Cyclopentolate 0.5% / Cyclopentolate 1% / Atropine 1% (delete as appropriate)

Instructions for your child's eye drops

Put **ONE** drop into your child's eye(s) between half an hour and an hour before the time of your child's appointment.

For external use only. Keep all medicines out of the reach and sight of children when not in use.

How to use the eye drops:

1. Wash your hands.
2. Take off the top of the minim (small tube).
3. Tilt your child's head back and gently pull down their lower eyelid to form a pocket (see picture opposite).
4. Hold the dropper close to their eyelid pocket but do not let it touch their eye, eyelid or lashes.
5. Squeeze one drop into their lower eyelid pocket, then close their eye and ask your child to blink a few times.
6. Wipe away any excess with a clean tissue.
7. Repeat with their other eye (if prescribed for both eyes).
8. Put the lid back on the minim and return it to the hospital at your child's appointment for disposal.



Your child's eye drops are free from germs when you receive them. In order to keep them in good condition, follow these simple rules:

- Store in a cool, dark place away from children.
- Do not allow the dropper to touch any surfaces.
- Do not allow the dropper to touch eyes or fingers.
- Never share eye drops with anyone else.
- Check the expiry date on the drop packet before instillation and never use out of date drops.
- Do not use drops with contact lenses, unless you have been told otherwise.

Please be aware, these drops may cause a stinging sensation which could last for around 10 seconds. Your child's vision will become blurry and their pupils will enlarge to allow the doctor / optometrist to do some tests to check the health of your child's eyes and whether they require spectacles.

If you have any concerns regarding these drops, please telephone 01270 612209.

This information is available in audio, Braille, large print and other languages. To request a copy, please telephone 01270 612209.

This leaflet has been adapted from the NPA National Pharmacy Association Eye Drop leaflet

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